

Your Local Community Development Project

Here to help you!

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Rialto Community Network has now been working in this community for 15 years to support local people, local projects and local development. Our dedicated staff team provide a range of services for you, our community, and are there Monday to Friday, 9-5 if you need a hand. We can help you with:



Education

- Do you need a hand finding out about educational opportunities? Grants? Training?
- Do you need to learn basic computer skills?
- Do you or someone you know need help learning or practising English if it is not your first language?

If you answer "yes" to any of these questions then Rialto Network is here to help. We have a range of classes for people from non-English speaking countries; we run basic computer skills classes for beginners and can link you in with information on education. Call Atinuke and she will offer all the information or assistance you need.



Employment

- Are you unemployed and seeking work?
- Are you wondering how to get back in the workforce?
- Do you want to find new skills that could help lead to employment?

If so, contact us and we can point you in the right direction.



Information & Getting Involved

- Do you need information on rights, entitlements, welfare, housing, budgeting or what services are available locally?
- Would you like to get involved in your community but are not sure how to?
- Do you have kids looking for local activities?

Rialto Network can offer a wide range of information on lots of issues and if we do not have the expert advice we can direct you to it.

If you are looking for any support, information or assistance give our friendly team a call on 01 473 2003 or pop into St. Andrew's Community Centre, 468 South Circular Road, Rialto, Dublin 8 for a chat, Monday to Friday 9-1 or 2-5.

Intercultural Worker supporting immigrants in Dublin 8

Are you new to Ireland? Have you come from abroad to live in Dublin 8? Do you need support with housing, welfare, education, employment or addiction issues?

Atinuke Diya is Rialto Community Network's Community Development Worker with Immigrants. In her role she supports members of the new communities who are new

to Rialto and surrounding areas, particularly those with addiction issues.

Atinuke is based in the St. Andrew's Community Centre, Monday to Friday, 9-5pm. If you need assistance, or perhaps are aware of a new neighbour who might need help settling into the area, please feel free to call Atinuke on 01 473 2003.

FREE English Classes in Rialto!



Need help with your English? Or would you like to tutor students? Rialto Community Network runs twice weekly English classes for people from non-English speaking countries. Tuesdays see the network host Failte Isteach English classes where volunteer tutors support people in learning English and practicing their conversational

skills. Class plans are used to enable students to build up their vocabulary on a range of subjects so they can also increase their confidence in speaking English. The classes are every Tuesday from 2.30 to 4.30pm.

On Wednesdays the Network also hosts English classes but these focus more on reading and grammatical skills than conversational confidence. These run on Wednesdays from 2.10 to 4pm. We are seeking both students and new tutors for our classes. Both classes are free and based in St. Andrews Community Centre, 468 South Circular Road, Rialto. No experience is necessary for tutors as class plans will be provided. For further information call Atinuke on 01 473 2003.

Intercultural Celebrations

There will be a celebration of our community's multi-culturalism on **5th June from 2-5pm** in St. Andrew's Community Centre. The event will bring together different musicians, foods and provide an opportunity for cultural exchange and learning. Come along and join in the fun! Call Atinuke on 01 473 2003 for further information.



On **9th June** there will be an all ages, 5 a side, intercultural soccer blitz "Goals for Gaza". The event aims to bring people from lots of different communities together to have fun and to raise money for Children in Need in Gaza. The blitz is being organised by The Canal Communities Intercultural Centre, The Islamic Foundation of Ireland, People Before Profit and The Anti-Racism Network. For more info contact Kate O'Connell on 01 453 7239

AGATHA CHRISTIE COMES TO RIALTO

Well, Agatha's famous play *Witness for the Prosecution* will be staged here in Rialto from 9th-12th May in St. Andrews Community Centre by the Rialto Variety Group. The group always put on a super show and they would really appreciate your support so why not come along and take in the drama?

Healthy Initiatives around Rialto

There are lots of healthy initiatives happening around Rialto which you can get involved in. If you are in **Dolphin House** Sue or Vera can be contacted at 01 454 4682 for details of groups, activities and holistics you can avail of which include boxercise, weight management courses, healthy eating classes, a community breakfast and a knitting circle.

In **Fatima** there is a range of classes to get you active (yoga, zumba, pilates etc.) or relaxed (personal development, relaxation or homeopathy). Low cost counselling is also available – text 087 9410734 to book in confidence. For children with disabilities there is the fantastic

Gymnastics physical activity club where respect, friendship and fun are fostered for the children, their siblings and their parents. Call Edel O' Reilly on 01 471 6723 for more information on any of these.

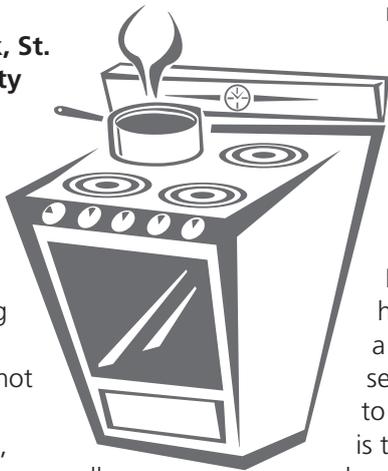
A Men's Health Group – Be Active, Be Happy –

is starting on 29th May 2012 in Bru Chaoimhin, Cork Street, Dublin 8. It will run from 10.30 to 12.30 and participants will learn how to keep active mentally and physically, stay safe around the home and eat well. Call Solomon Popoola on 01 400 2505 or Tony Barlow/ Dave McGrath on 01 415 8250 for information.

Come Dine with Us!

After months of refurbishment work, St. Andrew's Community Centre got a brand new kitchen and dining room.

For many years, the dining room has been the space where those attending the Rialto Day Care Centre could enjoy a hot dinner cooked onsite. From the new kitchen, staff are continuing to serve all the old favourites such as shepherd's pie, coddle and fish on Fridays. The dining room has been relocated and



now faces directly out onto the garden.

From 1st May, the Rialto Day Care Centre dining room opens its doors to the older persons of Rialto. For €4, you can enjoy a hot dinner, dessert and a cup of tea. Dinner is served at 12.45 Monday to Friday. All that we ask is that you would let us know the day before by ringing Carol on 01 453 0744 or call in to see us.

Mary Kinane, Centre Manager

Security for the elderly: Have you got your pendant?

Do you live alone?

Are you over 65?

Are you concerned about safety and security?

If you answer yes to these questions, a Seniors Alert Scheme pendant may be very helpful for you. Debbie Lynch is the designated contact person for anyone around the Rialto area who wishes to avail of the security pendant scheme for which government grants are available. To apply, call Debbie on 01 473 2003.

New Members Welcome

Rialto Men's Gardening & Social Morning.

Drop in every Wednesday 10am – 1pm, St. Andrew's

Community Centre, 468 South Circular Road Gardening, breakfast, Pool table, darts, & more Contact Tony on 086 8195720

Alzheimer's Tea Day

26th April saw Rialto Community Network host its annual Tea Day in aid of the Alzheimer's Association of Ireland. Alzheimer's affects over 44,000 people in Ireland today (and 25% of those aged over 80) so it is important for people to be aware of the issue and to raise funds to help people impacted by the condition.

Debbie Lynch, with the support of Rialto Day Care Centre, organised the Tea Day and they were delighted that so many local people turned to support the cause. Debbie would like to thank everyone who supported the event and contributed their time and money to this vital cause.

If you are concerned about memory loss or someone close to you suffering from Alzheimers check out www.alzheimer.ie for lots of helpful information.

Bealtaine – Older People's Festival

May is the month of Bealtaine when the Bealtaine Festival takes place, a celebration of older age in Ireland. There will be lots of events taking place all over the city. Too often people think of old age as a negative thing rather than a time to celebrate the wisdom that has been gained along the road of life. Let's celebrate getting older and all that the elderly have to teach the younger generation!

Fun Days in Dolphin Crèche!



As ever the children and staff of Dolphin Crèche have been busy bees! They have been busy having fun making special cards and decorations for Mother's Day, then Easter, not to mention having an Easter Egg Hunt and also busy raising money with their PAJAMA DAY in aid of the children's section of the Irish Hospice Foundation. On March 29th all the children came into crèche in their pajamas ready for a bedtime themed day of fun and games. They raised money for a great cause and had

a lot of fun too!

We are now gearing up for summer time and the summer events we are planning. That will be followed by the new year in September. We are enrolling new children for September now so if you have a pre-school child aged 18 months upwards and would like them to enjoy great quality, safe, secure and fun early education care why not call Marie on 01 473 8079, Monday to Friday 9-1pm.

Arts News in the community



Discussion at Studio 468

Common Ground is an arts development agency in the Canal Communities. Their vision is of a community with creativity at its heart, where art matters, and where people are enriched and artists work. Here's a look at some of the latest collaborations and partnerships as well as some new projects and initiatives.

Last year **Studio 468** was rebuilt and relocated. On the 21st February this year the studio team hosted a hello/goodbye coffee morning at the newly refurbished studio at St Andrews Community Centre on the South Circular Road. They bid farewell to Jonathan Myers and Jamie Hendrick of What's the Story? Collective, an interdisciplinary group working in Rialto Youth Project and welcomed Grace Dyas of the THEATREclub to the studio. Grace Dyas has been resident in Studio 468 from mid February. She

is a member of a Dublin based theatre collective, THEATREclub, which was founded in November 2008. During her time in Studio 468 she will be collaborating with Rialto Community Drug Team.

The Common Ground team are very excited about their new **Early Years Music Pilot** which has just started at The Base in Ballyfermot in partnership with Early Childhood Ireland and The Base. For 16 weeks, pre school children and child care practitioners

will creatively explore and make music with musicians, Eamonn Sweeney in Goldenbridge crèche, Inchicore and Thomas Johnston in The Base, Ballyfermot. The Early Years Music Pilot will connect and underpin the Aistear early years curriculum themes of 'Communicating, Exploring and Thinking.' Another stage in the development of their music programme is, in partnership with Bluebell Community Development Project, enabling musician Maeve O'Hara to facilitate an over 55's choir.



Local boys in the Music for Me programme

During this year we will be printing a publication that will mark the last five years of the wonderful **Music for Me** programme. Music for Me facilitates children to play, listen to, participate in and experience the type of music that appeals to them. The programme has been facilitated by professional musicians, in collaboration with homework club staff, and includes weekly and seasonal music sessions.

Website: www.commonground.ie



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Our new address: Rialto Community Network, St Andrew's Community Centre, 468 South Circular Road, Dublin 8. Telephone and email unchanged. Tel: 01 473 2003. Email: rialtonet@connect.ie